

DISCIPLINE POLICY

Name of Facility _____

The use of corporal punishment is strictly prohibited on the premises of this facility or away on any facility sponsored field trip.

Any staff found guilty of administering corporal punishment as a representative of this facility will be suspended or dismissed, depending on the severity. Parents using corporal punishment at the facility or on a facility sponsored field trip may be barred from the facility except to deliver and pick up their child or their child care slot may be terminated depending on the severity.

Corporal punishment is defined as the use of physical force to the body as a discipline measure. Physical force to the body includes but is not limited to spanking, slapping, biting, and/or shaking.

Praise and positive reinforcement are effective methods of behavior management of children. When children receive positive, nonviolent, and understanding interactions from adults and others, they develop good self concepts, problem solving abilities, and self-discipline. Based on this belief, a positive approach to discipline is used and this child care facility will practice the following discipline and behavior management techniques.

WE DO:

- ◆ Communicate to children using positive statements
- ◆ Communicate with children on their level
- ◆ Talk with children in a calm quiet manner
- ◆ Explain unacceptable behavior to children
- ◆ Give attention to children for positive behavior
- ◆ Praise and encourage the children
- ◆ Reason with and set limits for the children
- ◆ Apply rules consistently
- ◆ Model appropriate behavior
- ◆ Set up the classroom environment to prevent problems
- ◆ Provide alternatives and redirect children to acceptable activity
- ◆ Give children opportunities to make choices and solve problems
- ◆ Help children talk out problem and think of solution
- ◆ Listen to children and respect the children's needs, desires and feelings
- ◆ Provide appropriate words to help solve conflicts
- ◆ Use storybooks and discussion to work through common conflicts

WE DO NOT:

- ◆ Inflict corporal punishment in any manner upon a child's body.
- ◆ Spank, hit, shake, bite, pinch, push, pull, slap or otherwise physically punish children.
- ◆ Use cruel, harsh, unusual, humiliating or frightening methods of discipline, including threatening the use of physical punishment.
- ◆ Make fun of, yell at, threaten, make sarcastic remarks about, use profanity, or otherwise verbally abuse the children.
- ◆ Shame or punish the children when bathroom accidents occur.
- ◆ Embarrass children in front of others.
- ◆ Compare children.
- ◆ Deny food or rest or physical activity as punishment.
- ◆ Relate discipline to eating, resting, or sleeping.
- ◆ Place children in a locked and/or dark room.
- ◆ Leave the children alone, unattended or without supervision.
- ◆ Allow discipline of children by children.
- ◆ Criticize, make fun of, or otherwise belittle children's parents, families, or ethnic groups.

Conferences will be scheduled with parents if particular disciplinary problems occur. If a child's behavior consistently endangers the safety of the children around him/her, then the Director has the right, after meeting with the parents and documenting behavior problems and interventions, to terminate child care services for that particular child.

My signature below indicates that I have received a copy of the discipline policy and the policy has been reviewed with me. I have read and understand the policy and the consequences of violation of the policy.

Signature _____ **Date** _____

Please circle as appropriate: STAFF PARENT

If parent, name of child _____